

Adriana Alcaraz-Sánchez (she/her)

PHD CANDIDATE

Centre for the Study of the Perceptual Experience (CSPE)
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Specialisation

AOS Philosophy of mind, Philosophy of Cognitive Science, Qualitative Research methods

AOC Philosophy of Psychology, Philosophy of Science, Phenomenology, Buddhist Philosophy

Education

University of Glasgow

UK

PHD IN PHILOSOPHY

2019 - present

- **Title:** Minimal conscious states during sleep
- **Supervisors:** Prof. Fiona Macpherson (University of Glasgow), Dr. Alistair Isaac (University of Edinburgh), Prof. Thomas Scotto (University of Glasgow)

University of Glasgow

UK

MPhil IN PHILOSOPHY (PART-TIME)

2017 - 2019

- **Title:** Conscious states during deep sleep. A philosophical and psychological exploration
- **Supervisors:** Prof. Fiona Macpherson (University of Glasgow), Dr. Maria Gardani (University of Glasgow)
- **Examiners:** Prof. David Bain (Internal, Glasgow), Dr. Jennifer Windt (External, Melbourne)

University of Barcelona

Spain

MSC IN COGNITIVE SCIENCE AND LANGUAGE (PART-TIME)

2013 - 2015

University of Barcelona

Spain

BA (HONS) IN PSYCHOLOGY

2009 - 2012

Publications

Alcaraz-Sanchez, A. *Accepted*. Is lucid dreamless sleep really lucid? *Review of Philosophy and Psychology*

Alcaraz-Sanchez, A. et al., 2022. Nothingness is all what there is: an exploration of objectless awareness during sleep. *Frontiers in Psychology*

Alcaraz-Sanchez, A. 2021. Awareness in the void: a micro-phenomenological exploration of conscious dreamless sleep. *Phenomenology and Cognitive sciences*

IN PREPARATION

- A paper on mind wandering and dreamless sleep
- A paper on the results of a survey about dream experiences

Awards, Fellowships, & Grants

2022	Research Support Award (RSA) , College of Arts, University of Glasgow, for ASSC25 conference's fees	£250
2020	DreamScience Grants , International Association for the Study of Dreams (IASD) and Dream Science Research (DSF), for online study 'Dreamless sleep experiences'	\$3,000
	Collaborative Development Funding (CDF) , Scottish Graduate School of Arts and Humanities (SGSAH), for co-organising the doctoral training workshop "Academic Youtubers"	£400
2019	Doctoral Training Partnership (DTP) , Scottish Graduate School of Arts and Humanities (SGSAH). PhD funding for fees and living expenses	£45,000
	Collaborative Research Awards (CRA) , College of Arts, University of Glasgow, for co-organising "Dreams, Hallucinations and Imagination" conference	£735
	Conference bursary , Mind Association, Scots Philosophical Association, Analysis, for co-organising "Dreams, Hallucinations and Imagination" conference	£2,500
2018	Research Support Awards (RSA) , College of Arts, University of Glasgow, Travel grant	£300
2010	Beca Séneca (Seneca Scholarship) , Spanish Education Ministry, Fees and living expenses for one academic year in a different institution	€10,000

Teaching Experience

Jul 2022	Lead Tutor , Summer School, Widening Participation Programme, University of Glasgow; <i>Philosophy of Mind, Mind and Consciousness and Qualitative Research Methods</i>
2022-Present	Guest lecturer , Philosophy of Mind (3rd year, Junior Honours), Philosophy Department, University of Glasgow <i>Lecture on Embodied Cognition</i>
2021-Present	Tutor , Philosophy of mind (3rd year, Junior Honours), Philosophy Department, University of Glasgow; <i>Leading tutorials on the mind/body problem</i>
2018-Present	Tutor , Sub-Honours tutorials (1st and 2nd year), Philosophy Department, University of Glasgow; <i>Leading tutorials on Intro to Philosophy of Mind, Philosophy of Religion, Philosophy of Science, Epistemology and Propositional Logic</i>
2020-Present	Assistant Tutor , Level 1 labs, School of Psychology and Neuroscience, University of Glasgow; <i>Assisting in labs on Intro to R, Psychological research methods and Writing skills</i>

Research Management and Administrative Experience

2018-2019	Research Assistant and Project Manager, part-time , Philosophisches Seminar, Universität Mainz; Administrative and project management assistance for the 'Minimal Phenomenal Experience' project (PI Prof Thomas Metzinger)
2018-2019	Blogger Intern , University of Glasgow; Writer for the Postgraduate Research Blog

Presentations

INVITED TALKS

- Nov- 2021.** *Preliminary results of online study on dreamless sleep.* Dreams, Memory and Emotions workshop by Laboratorio de Sueño y Memoria, Instituto Tecnológico de Buenos Aires, Argentina (online)
- Nov- 2021.** *Preliminary results of online study on dreamless sleep.* Minimal Phenomenal Experience research group mini-workshop, FIAS, Frankfurt
- Feb- 2021.** *Micro-phenomenology to study consciousness in sleep.* Dream x Engineering Seminar series, MIT Media Laboratory and Sleep and Neurophysiology Research Laboratory, University of Rochester, US (online)
- Dec- 2020.** *Sleep and consciousness.* Guest talk at "HONR 19903 CENSORSHIP, DECEPTION, PARANOIA, STYLE", Honours College at Purdue University, US (online)
- May 2020.** *Are there varieties of conscious dreamless sleep?.* Minimal Phenomenal Experience mini-workshop (online)

PEER-REVIEWED PRESENTATIONS

- May 2019.** *Awake in Deep Sleep: The case of Lucid Dreamless Sleep.* First-Person Science of Consciousness, Witten/Herdecke University, Germany
- Mar- 2019.** *Micro-phenomenology to Study Consciousness in Sleep.* Sleep and Consciousness: A Dyadic Life. Università degli Studi di Milano, Milan, Italy
- Mar- 2019.** *Looking for the Minimal Phenomenal Experience. The case of Lucid Dreamless Sleep.* Selfless Minds: Radical disruptions of Self-Consciousness. Frankfurt Institute of Advanced Studies (FIAS), Frankfurt, Germany
- Jul- 2018.** *Looking for the Minimal Phenomenal Experience. The case of Lucid Dreamless Sleep.* Annual British Postgraduate Philosophical Association Conference, University of Birmingham, UK
- Nov- 2016.** *Where is our Concept of self grounded? Full-Body Illusions, Dreams and the Phenomenal Selfhood.* (Poster and short presentation). Workshop in Experimental Philosophy, Berlin School of Mind and Brain, Humboldt-University, Germany

TUTORIALS AND WORKSHOPS

- Jul- 2021.** *Neurophenomenology and Micro-phenomenology to the Study of Subjective Experience, with Mathis Trautwein and Ema Demšar.* Paid tutorial for the Association for the Scientific Study of Consciousness (ASSC25). Amsterdam, Netherlands

Activities organised

- 2020-Present **Seminar series Philosophy, Psychology and Neuroscience (PPN)**, Co-organised with Dr Derek Brown, University of Glasgow
- Jun- 2021 **Online postgraduate workshop "Extremes of Mind wandering"**, Co-organised with Jodie Russell, University of Edinburgh
- Oct- 2020 **Online workshop for Scottish-based postgraduates "Academic Youtubers"**, Co-organised with Maïke Dinger and Jodie Russell, with the support of SGSAAH
- Feb- 2020 **Workshop "Philosophy of Perception and Colour"**, Co-organised with Dr Derek Brown and Raul Morales, University of Glasgow
- Feb- 2019 **Postgraduate workshop "Dreams, Hallucinations and Imagination"**, Co-organised with Raul Ros Morales, University of Glasgow

Public engagement and Outreach

- Aug- 2020 **Online workshop Black Lives Matter and Philosophy**, Co-organised with Minorities and Philosophy Glasgow
- Oct- 2019 **University of Glasgow Student Philosophy Society**, Talk: The Virtual Reality of Lucid Dreaming
- Sept- 2019 **Philosophy Café, Coatbridge Library**, Talk: Brain Transplants and Personal Identity
- May 2018 **University of Glasgow Student Philosophy Society**, Talk: Awake in Deep Sleep; The case of Lucid Dreamless Sleep

Professional service

- 2021-Present **Referee for**, *Mindfulness*, Philosophical Psychology
- 2020-Present **Mentor**, Women in Philosophy Mentorship Programme
- 2019-2020 **Diversity Officer**, PhD Society, University of Glasgow
- 2018-2019 **Host**, Stall at the Glasgow Science Festival and Explorathon by the CSPE
- 2018-2019 **Postgraduate Seminar Convener**, Philosophy Department, University of Glasgow
- 2018-2020 **University of Glasgow Student Philosophy Society**, Vice-president
- 2017-2018 **General Editor**, *eSharp*, Postgraduate Journal of the College of Arts

Skills and Languages

Languages: Spanish (native), Catalan (native), English (proficient)

Coding: R (basic), HTML (basic), CSS (basic), Java (basic)

Professional Memberships

Association for the Scientific Study of Consciousness (ASSC)

References

Professor Fiona Macpherson

Department of Philosophy, University of Glasgow (UK)

e-mail: Fiona.Macpherson@glasgow.ac.uk

Doctor Alistair Isaac

School of Philosophy, Psychology and Language Sciences, University of Edinburgh (UK)

e-mail: A.M.C.Isaac@ed.ac.uk

Professor Thomas Metzinger

Philosophisches Seminar/Johannes Gutenberg-Universität Mainz (Germany)

e-mail: metzinge@uni-mainz.de